

POWERFLEX®

PART NUMBER

PFF1-1125

DESCRIPTION

Upper Engine Mount Insert

INSTALLATION GUIDE

Contents (parts per pack):

1 x Polyurethane Insert

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

Fitting Instructions:

1. Place a jack or axle stand securely under the engine and support its weight.
2. Using an E18 socket, loosen and remove the 3 bolts securing the engine mount to the front member of the vehicle, and the 3 bolts securing the mount to the engine bracket; and remove the mount. The vehicle's air-box may need to be removed for access.
3. Secure the mount in a vice. Using two pry-bars, pry the central post out of the central sleeve of the mount. Be careful not to tear the rubber of the mount, either with the bars or pulling out the central sleeve.
4. Push the insert into the mount (pictured).
5. Push the central post back into the bracket, using the vice to ensure it is seated all the way back into the central sleeve (pictured).
6. Refit the mount to the vehicle, ensuring to tighten the bolts to the manufacturer's torque specifications:

Mount-to-Bracket bolts:	76 - 84 nm
Mount-to-Body bolts:	54 - 66 nm
7. Remove jack or axle stand from under the engine.



Figure 1: Secure mount in vice and pry central post out of mount



Figure 2: Push insert into voiding



Figure 3: Push bracket/post back into place